

PJCC INDOOR Pool Schedule – May 2023

Beginning May 15



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 – 8:50 am Lap Swim (4 lanes) Open Swim (shallow end only)	5:00 – 8:50 am Lap Swim (4 lanes) Open Swim (shallow end only)	5:00 – 8:50 am Lap Swim (4 lanes) Open swim (shallow end only)	5:00 – 8:50 am Lap Swim (4 lanes) Open Swim (shallow end only)	5:00 – 7:50 am POOL CLOSED	7:00 – 8:15 am Lap Swim (4 lanes)	7:00 – 9:30 am Lap Swim (4 lanes)
9:00 – 9:55 am Aqua Fitness Only NO OPEN SWIM NO LAP SWIM	9:00 – 9:55 am Aqua Fitness Only NO OPEN SWIM NO LAP SWIM	9:00 – 9:55 am Aqua Fitness Only NO OPEN SWIM NO LAP SWIM	9:00 – 9:50 am Aqua Fitness Only NO OPEN SWIM NO LAP SWIM	8:00 – 8:55 am Aqua Fitness Only NO OPEN SWIM NO LAP SWIM	8:25 – 9:20 am Aqua Fitness Only NO OPEN SWIM NO LAP SWIM	9:30 am – 1:00 pm Group Lessons No Lap Swim *OPEN SWIM
10:00 – 6:15 pm Lap Swim (2 lanes) Open Swim	10:00 am – 8:30 pm Lap Swim (2 lanes) Open Swim	10:00 am – 3:30 pm Lap Swim (2 lanes) Open Swim	10:00 am – 8:30 pm Lap Swim (2 lanes) Open Swim	9:00 am – 1:00 pm Lap Swim (2 lanes) Open Swim	9:30 am – 1:00 pm Group Lessons Lap Swim (1 lane) *OPEN SWIM	1:15 – 5:30 pm Lap Swim (2 lanes) *OPEN SWIM
4:00 – 6:10 pm Lap Swim (2 Lanes) Open Swim	8:30 – 9:00 pm POOL CLOSED	3:30 – 5:45 pm Group Lessons Lap Swim (2 lanes) *OPEN SWIM	8:30 – 9:00 pm POOL CLOSED	1:00 – 5:30 pm Lap Swim (2 Lanes) Open Swim	1:00 – 5:30 pm Lap swim (2 lanes) Open swim	5:30 – 6:00 pm POOL CLOSED
6:15 – 7:10 pm Aqua Fitness Only NO OPEN SWIM NO LAP SWIM		6:15 – 7:05pm Aqua Fitness Only NO OPEN SWIM NO LAP SWIM		5:30 – 6:00 pm Pool Closed	5:30 – 6:00 pm POOL CLOSED	
7:15 – 8:30 pm Lap Swim (2 lanes) Open Swim		7:15 – 8:30pm Lap Swim (2 lanes) Open Swim			<p style="text-align: center;">Special Hours Monday, May 29 8:00 am – 4:30 pm</p> <p style="text-align: center;">INDOOR POOL & WHIRLPOOL CLOSURES</p> <p style="text-align: center;">Friday: 5:00 am – 8:00am</p>	
8:30 – 9:00 pm POOL CLOSED		8:30pm – 9:00pm POOL CLOSED				

OPEN SWIM is limited to a small section during this time due to scheduled programs that use various areas of the pool.

For more information, contact the Aquatics Registration Desk at 650.378.2782 or aquatics@pjcc.org. Schedule subject to change.

Important Information

- **Lap Swim:** Must be 13 years old or older. Must be able to swim continuous laps.
- **Open Swim:** Play, swim, and relax with family and friends. All children under the age of 7 **must be accompanied by an adult** on site at the pool. All children regardless of age, who require a coast guard-approved flotation device must have a parent in the water with them at all times. All children regardless of age, not fully potty trained **must** wear a nylon swim diaper under their swimsuit. Please review the pool rules before swimming.
- **Water Walking:** This is a low impact exercise in which the participant walks in the water. This is a self-driven exercise time.

Schedule subject to change.

For more information, contact the Aquatics Office
at 650.378.2782 or aquatics@pjcc.org.

PJCC OUTDOOR Pool Schedule – May 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 am – 2:00 pm Lap Swim (8 lanes) Open Swim (shallow end only)	5:00 am – 2:00 pm Lap Swim (8 lanes) Open Swim (shallow end only)	5:00 am – 2:00 pm Lap Swim (8 lanes) Open Swim (shallow end only)	5:00 am – 2:00 pm Lap Swim (8 lanes) Open Swim (shallow end only)	5:00 am – 2:00 pm Lap Swim (8 lanes) Open Swim (shallow end only)	7:00 – 10:00 am Lap Swim (8 lanes) Open Swim (shallow end only)	7:00 am – 12:30 pm Lap Swim (8 lanes) Open Swim (shallow end only)
2:00 – 4:00 pm Open Swim (1 lane) Lap Swim (7 lanes)	2:00 – 4:00 pm Lap Swim (7 lanes) Open Swim (1 lane)	2:00 – 4:00 pm Lap swim (7 lanes) Open swim (1 lane)	2:00 – 4:00 pm Lap swim (7 lanes) Open swim (1 lane)	2:00 – 5:30 pm Lap Swim (7) Open Swim (1 lane)	10:00 am – 5:30 pm Lap Swim (7 lanes) Open Swim (1 lanes)	12:30 – 1:00 pm Lap Swim (6 lanes) Open Swim shallow end only
4:00 – 6:00 pm (\$ Swim Team (4 lanes) Lap Swim (3 lanes) Open Swim (1 lane)	4:00 – 6:00 pm (\$ Swim Team (4 lanes) Lap (3 lanes) Open Swim (1 lane)	4:00 – 6:00 pm (\$ Swim Team (4 lanes) Lap Swim (3 lanes) Open Swim (1 lane)	4:00 – 6:00 pm (\$ Swim Team (4 lanes) Lap Swim (3 lanes) Open Swim (1 lane)	5:30 – 6:00 pm POOL CLOSED	5:30 – 6:00 pm POOL CLOSED	1:00 – 5:30 pm Lap Swim (7 lanes) Open Swim (1 lane)
6:00 – 8:30 pm Lap Swim (8 lanes)	6:00 – 8:30 pm Lap Swim (8 lanes)	6:00 – 8:30 pm Lap Swim (8 lanes)	6:00 – 8:30 pm Lap Swim (8 lanes)			5:30 – 6:00 pm POOL CLOSED
8:30 – 9:00 pm POLL CLOSED	8:30 – 9:00 pm POOL CLOSED	8:30 – 9:00 pm POOL CLOSED	8:30 – 9:00 pm POOL CLOSED			
					Special Hours	
					Memorial Day Holiday Hours Monday, May 29 8:00 am – 4:40 pm	

Important Information

- **Lap Swim** — Ages 13 and up only. Must be able to swim continuous laps.
- **Open Swim** — Play, swim, and relax with family and friends. All children under the age of 7 MUST be accompanied by an adult on site at the pool. All children regardless of age, that would require a coast guard approved flotation device, must also have a parent in the water at all times. All children regardless of age not fully potty trained MUST wear a nylon swim diaper under their swimsuit.
- **Swim Team (\$)** — Swim team is for youths ages 5–17 who want to prepare and participate in competition. Bronze, Silver and Gold level teams are offered depending on ability and experience. For registration, please contact Aquatics Registration Desk at aquatics@pjcc.org.
- **(\$)**: Indicates a fee-based class. Registration required. Schedule subject to change due to special events.

Schedule subject to change.

For more information, contact the Aquatics Office at 650.378.2782 or aquatics@pjcc.org