

4th & 5th Grade Division-Competitive

RULES AND GUIDELINES

Schedule/ Playoff Structure /Equipment

- League will consist of 6 weeks of regular season games and 2 weeks of playoffs.
- All teams will compete in playoffs and seeding will be based on league position during regular season.
- Each player must have a shirt or jersey consistent with his or her teams color.
- Jerseys must also include a number for player to be eligible to compete.
- The Intermediate 28.5 Basketball will be used for the 4th & 5th Grade Division.

Timer/Scorekeeping

- Games will consist of 8 minute running quarters with 2 timeouts per half (no carryover).
- The clock will stop during the last minute of each quarter for free throws and referee whistles. It will also stop for injuries, timeouts, and at the quarter and half breaks.
- Overtime will be two minutes with one time out per team (no carryover). The clock will stop for all referee whistles.

Fouls/Infractions

- Individual players will be allowed 5 fouls before fouling out.
- Bonus free throws will be shot after 7 team fouls and double bonus after 10 team fouls
- Pressing will be allowed in the 4th & 5th competitive league
- If a team has a 15 point lead, the leading team may not utilize a full court press.
- Players must advance the ball across the half court line within the 10 second count. Once ball is crossed over into the front court, players will be called for “over and back” if ball re-enters the back court. Opposing team will receive possession.
- Teams will be given one warning and if in violation again; the team will be given a technical foul. The opposing team will be given 2 foul shots and possession of ball.
- Technical fouls will also count as a team foul.
- Any player or coach receiving two technical fouls for unsportsmanlike conduct during a game shall automatically be ejected from the game and must leave the facility.
- An accumulation of 5 or more technical fouls for any player, coach or spectator will result in a 1 game suspension. Suspensions may affect an individual’s ability to participate in future PJCC programs.

Eligibility/Rosters

- Prior to the first game of the season, the following must be turned into the League Commissioner:
 - o Roster that includes each player’s name, jersey number and birthdate
 - o Signed PJCC Activities Waiver for each player
 - o Team Payment
 - o Coach’s signature acknowledging that he/she has received and understands the rules of the league.

Failure to comply will result in competition forfeits until all items are received.

- Player will not be permitted to compete with multiple teams. (Violation of the rule will result in a forfeit and team’s ability to compete may be compromised going forward)

- Players must meet age/grade requirements in order to compete. Failing to abide by age restrictions will result in a forfeit and may hinder a team's ability to compete for the remainder of the season.
- Players MUST have participated in 2 regular season games in order to be eligible to compete in playoffs. Roster additions after the 5th regular season game will not be accepted.
- Coaches who lose players through injuries may petition the League Commissioner for replacement if team does not meet the minimum roster requirements (5 players).

Protests

- During the season, coaches will be given the opportunity for 2 protests if they suspect opposing team is in violation of either an age restriction or a roster infringement.
- Intention to file a protest must be noted in writing 48 hours at the end of the game to the League Commissioner and must include a citing of the rule which is being violated and a brief summary of the issue. Protests may ONLY be filed for violation of the rules and/or regulations, and not on judgment calls made by the referees.
- Once a protest is submitted, all involved parties will be notified and League Commissioner will investigate the potential rule infraction. If necessary, head coaches are required to provide proof of age for each player. Accepted documents include, school or state ID, birth certificate or school report card.
- Rulings on protests will be made before the games following the incident and all parties will be made aware of verdict and if appropriate, teams will be penalized. If it is ruled that a team is in violation of an age restriction/roster infringement, all games that the player played in will be forfeited.

Governing Body

The PJCC Sports and Recreation Coordinator shall serve as the League Commissioner and has final authority to make decisions pertaining to all league rules and regulations.

All other basic middle school rules and regulations will be applied to the PJCC competitive league.

Please direct any questions to the League Commissioner Cole Cretcher at 650-378-2783 or ccretcher@pjcc.org.

By signing my name below, I certify that I have read the above information. Any questions concerning these policies have been discussed. You may receive a copy of this document upon request.

Team Name: _____

Coaches Signature: _____