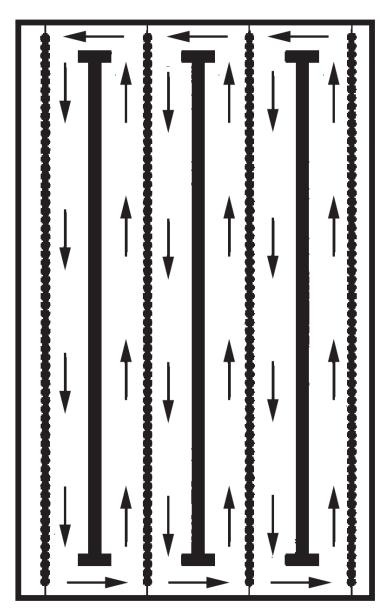
Lap Pool Etiquette



Circle Swim Diagram
When sharing a lane with others, keep to your right and swim in a circular pattern as shown above.

Sharing the Lane

- Two swimmers should split the lane, each one swimming on one side.
- Three swimmers or more should swim circling counterclockwise.

Capacity

• Five swimmers per lane.

Passing

- Pass on the left.
- Alert the person in front of you by tapping their foot before passing.

Entering

 Always enter feet first and wait until all swimmers have made the turn and pushed off.

Stopping

 Squeeze into the corner to the right of oncoming swimmers.



