Lap Pool Etiquette

Your cooperation is appreciated.

Sharing the Lane
- Two swimmers should split the lane, each one swimming on one side.
- Three swimmers or more should swim circling counterclockwise.

Capacity
- Five swimmers per lane.

Passing
- Pass on the left.
- Alert the person in front of you by tapping their foot before passing.

Entering
- Always enter feet first and wait until all swimmers have made the turn and pushed off.

Stopping
- Squeeze into the corner to the right of oncoming swimmers.

Circle Swim Diagram
When sharing a lane with others, keep to your right and swim in a circular pattern as shown above.