



Dear PJCC Members and Friends,

Since our last email to you on 2/9/2020 about the coronavirus (now known as Covid19), new information is available, and I also want to share our plans to keep our community healthy.

Taking into consideration guidance from the Centers for Disease Control (CDC), the San Mateo County Department of Public Health, and information from the JCC Association of North America about best practices across our movement, **the PJCC is open and continues to joyfully serve our members and program participants.** We continue to monitor and assess the situation closely, and we are well prepared should the current situation evolve.

We are taking extra measures to help everyone stay healthy and minimize the spread of transmissible diseases. These include:

- Increasing our already thorough cleaning and disinfection of equipment, bathrooms, locker rooms, and public areas like counters and table-tops, door handles, etc.
- Refresher training of staff about our rigorous hygiene practices
- Increasing signage about hand-washing practice, and direction not to enter the PJCC if you have cold or flu symptoms
- Adding additional hand sanitizer stations at the Center, Preschool, and our Treehouse after-school program
- Monitoring employee health and having anyone with flu-like symptoms stay home

You can help keep us safe as well! The most important way to keep Covid19 risk low is for everyone in our community to take proper precautions. These include:

- Stay home when you are sick, especially if you have experienced a fever, flu, or cold symptoms
- Cover your mouth and nose with tissue or a flexed elbow when coughing or sneezing
- Make use of the hand sanitizer, tissue, and disinfecting wipes we provide on campus
- Throw tissue into a bin immediately after use
- Wash your hands thoroughly with warm to hot water, for at least 20 seconds (hum the Happy Birthday song two times through) – don't forget under fingernails, between fingers, backs of hands, and wrists
- Clean and disinfect frequently touched objects and surfaces
- Be evaluated by a medical professional if you are immunocompromised and/or have chronic health issues

- Get a flu shot! Currently, influenza has a much more significant rate of infection than Covid19. Getting seasonal flu vaccination helps prevent you from getting sick, and protects those around you.

The CDC and the San Mateo County Public Health Department advise that anyone who has travelled to an area where coronavirus is active, or who has been exposed to anyone with coronavirus, should self-quarantine for 14 days.

The PJCC is committed to remain an inclusive, diverse community that makes the health and safety of everyone here our highest priority. Our concern and sympathy go out to members of our global community who are affected by this virus. In keeping with our core values of kindness and inclusion, we also want to be mindful of the dangerous stereotypes and xenophobia that are spreading, worldwide, alongside coronavirus. We are in this together, that is what makes our community so wonderful. I thank you for doing your part to help us all remain healthy. If you have any questions, please contact Seth Hazen our Chief Wellness Officer at shazen@pjcc.org or our Member Services Team at memberservices@pjcc.org.

Respectfully,
Paul Geduldig, CEO