



Get Your Workout On with Us!



Welcome Back!

All of you who worked out today came in with tenacious hearts and generous spirits — you were on fire!

Whether you had an endorphin-boosting workout on the cardio machines or a sweat session with the strength-training equipment, we're proud you suited up and showed up. Great work! We will see you again tomorrow.

We're also cheering all those of you who worked out all summer long outdoors in the pool, with personal trainers, and in Group Ex classes! You showed us what true grit looks like.

For those who haven't yet come in, we invite you to visit us soon! Members who visited today are raving about the PJCC's protocols to keep everyone safe and healthy. Don't miss the opportunity to work out in a very safe environment that affords you lots of personal space and access to all the equipment you could possibly want.

Remember that all visits require reservations; make your appointment via [MINDBODY](#) or in the PJCC App.

Or, if you're in the mood for an at-home workout, Center Members can access virtual classes through [MyPJCC](#).

We thank ALL of you for your Center Membership and your support of our PJCC fitness community. We look forward to your next visit to the Center!

For all the latest on our reopening, [visit our website](#).

Finally, we want to share your excitement about being back in the gym...

"I just worked out with my trainer and I feel stronger than I have in months." — T.R.

“PJCC’s cleaning standards give me confidence to be here — I am in my late 70s and being very careful.” — C.C.

“I need to be here working out. I need the discipline and the motivation of being in the gym. — S.V.