



Dear PJCC Fitness Members on Freeze,

It has been a very long journey through the pandemic, and **we are happy and relieved to report that indoor fitness at the PJCC will resume on Monday, March 1, for active members 13+ years old.**

Being closed indoors for the past three months, we are delighted to welcome members back for a return to **MORE FITNESS. And by MORE FITNESS we mean MORE access for our active members to MORE FITNESS workouts, swims, personal and small group training, cardio and strength equipment and machines, camaraderie, and community.** MORE feeling strong, flexible, healthy, and unstoppable. And of course, far MORE safety and sanitization than almost any other public space. We've all lived limited, sheltered lives for a year, and now we are able to offer you much MORE.

**So, we will be delighted to welcome you back to Center membership!** When you are ready to return, [please send an email](#) with your full name, phone numbers, and your snail mail address indicating your desire to return to active PJCC membership. We hope that you are ready to return now; and if not now, when you feel ready.

#### **WHAT YOU CAN EXPECT WHEN YOU RETURN TO ACTIVE MEMBERSHIP**

**SAFETY & SANITIZATION:** You have our commitment that safety is always our highest priority. **Our rigorous pandemic sanitization and cleaning protocols will continue to maintain the safe environment our active members have come to depend on.** We have an impeccable track record free of pandemic exposure when we opened for indoor fitness this past summer and fall. Additionally, we have operated the outdoor pool and outdoor Group Exercise and Personal Training since Summer 2020 with a perfect health safety record.

**MANDATORY MASKS:** Today San Mateo County moved from the purple to the red pandemic tier, reopening gymnasiums and indoor fitness for our collective wellbeing. Our

dedicated staff is busy now preparing to welcome active members back next Monday, March 1. **Masks will be mandatory indoors at all times and outdoors when not swimming or working out**, and we will practice physical distancing, and hand sanitizing/washing. Additionally, members and staff will have temperature checks upon entering the Center.

**OUTDOOR SWIM:** When we reopen on March 1, outdoor lap swimming will continue, and the indoor pool will not yet be open (indoor pools can reopen in the State's orange pandemic tier – we are likely on track for indoor lap swimming to reopen in a few weeks).

**INDOOR FITNESS:** We have spaced equipment out across the gymnasium and both our equipment studios to ensure members get the cardio and/or strength workout they need in safety. We have directed traffic through the Center to maintain safe distancing and we promise that you will have a terrific MORE FITNESS workout in an environment with fitness professionals that support members to work hard and feel strong.

**RESERVATIONS REQUIRED TO KEEP YOU SAFE:** All active members will make an online reservation to workout and swim, County pandemic guidelines do not allow drop-ins.

**FITNESS ONLINE & IN-PERSON!**

Remember that the PJCC offers robust virtual fitness for active members that you may now be ready to enjoy. Whether you return to the Center or join us online, our fitness programming is unmatched – featuring the trainers, instructors, and friends that you have been longing to be with for the past year. We are here, keeping the community safe, and ready to welcome you back as soon as you are ready.

In healthful solidarity,

Paul Geduldig, Chief Executive Officer

Seth Hazen, Chief Wellness Officer

RESOURCES:

[PJCC online](#) with the latest MORE FITNESS reopening information

You can learn more about the State's tiered pandemic assessment [here](#).



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Update your [email preferences](#) to choose the types of emails you receive.