MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 – 8:50 am Lap Swim (4 lanes) Open Swim (shallow end only)	5:00 – 8:50 am Lap Swim (4 lanes) Open Swim (shallow end only)	5:00 – 8:50 am Lap Swim (4 lanes) Open swim (shallow end only)	5:00 – 8:50 am Lap Swim (4 lanes) Open Swim (shallow end only)	Open Swim (shallow	7:00 – 8:15 am Lap Swim (4 lanes) Open Swim (shallow end only)	7:00 – 9:30 am Lap Swim (4 lanes) Open Swim (shallow end only)
9:00 – 9:55 am Aqua Fitness Only NO OPEN SWIM NO LAP SWIM	9:00 – 9:55 am Aqua Fitness Only NO OPEN SWIM NO LAP SWIM	9:00 – 9:55 am Aqua Fitness Only NO OPEN SWIM NO LAP SWIM	9:00 – 9:55 am Aqua Fitness Only NO OPEN SWIM NO LAP SWIM	Aqua Fitness Only NO OPEN SWIM	8:25 – 9:20 am Aqua Fitness Only NO OPEN SWIM NO LAP SWIM	9:30 am – 1:00 pm Group Lessons No Lap Swim OPEN SWIM
10:00 – 3:30 pm Lap Swim (2 lanes) Open Swim	10:00 am – 3:30 pm Lap Swim (2 lanes) Open Swim	10:00 am - 3:00 pm Lap Swim (2 lanes) Open Swim	10:00 am - 3:30 pm Lap Swim (2 lanes) Open Swim		9:30 am – 1:00 pm Group Lessons No Lap Swim OPEN SWIM	1:15 – 5:30 pm Lap Swim (2 lanes) OPEN SWIM
3:30 – 6:30 pm Group Lessons Lap Swim (1 lane) Open Swim	3:30 – 7:45 pm Group Lessons Lap Swim (1 lane) Open Swim	3:00 – 6:30 pm Group Lessons Lap Swim (1 lane) Treehouse swim OPEN SWIM	3:30 – 7:45 pm Group Lessons Lap Swim (1 lane) Open Swim	Pool Closed	1:00 – 5:30 pm Lap swim (2 lanes) Open swim	5:30 - 6:00 pm POOL CLOSED
6:30 – 7:30 pm Aqua Fitness Only NO OPEN SWIM NO LAP SWIM	7:45 – 8:30 pm Lap Swim (2 lanes) Open Swim	6:30 – 7:30 pm Aqua Fitness Only NO OPEN SWIM NO LAP SWIM	7:45 – 8:30 pm Lap Swim (2 lanes) Open Swim		5:30 – 6:00 pm POOL CLOSED	
7:30 – 8:30 pm Lap Swim (2 lanes) Open Swim	8:30 – 9:00 pm POOL CLOSED	7:30 – 8:30 pm Lap Swim (2 lanes) Open Swim	8:30 – 9:00 pm POOL CLOSED		Special Hours Friday, April 12 5:00 – 10:00 am Outdoor & Indoor Pools closed for repairs	
8:30 – 9:00 pm POOL CLOSED		8:30 – 9:00 pm POOL CLOSED				

<sup>\*</sup>OPEN SWIM is limited to a small section during this time due to scheduled programs that use various areas of the pool.

For more information, contact the Aquatics Registration Desk at 650.378.2782 or aquatics@pjcc.org. Schedule subject to change.

## **Important Information**

- Lap Swim: Must be 13 years old or older. Must be able to swim continuous laps.
- Open Swim: Play, swim, and relax with family and friends. All children under the age of 7 must be accompanied by an adult on site at the pool. All children regardless of age, who require a coast guard–approved flotation device must have a parent in the water with them at all times. All children regardless of age, not fully potty trained must wear a nylon swim diaper under their swimsuit. Please review the pool rules before swimming.
- Water Walking: This is a low impact exercise in which the participant walks in the water. This is a self-driven exercise time.

## Schedule subject to change.

For more information, contact the Aquatics Office at 650.378.2782 or aquatics@pjcc.org.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Lap Swim (8 lanes) Open Swim (shallow	5:00 am – 2:00 pm Lap Swim (8 lanes) Open Swim (shallow end only)	Lap Swim (8 lanes)	5:00 am – 2:00 pm Lap Swim (8 lanes) Open Swim (shallow end only)		7:00 am – 12:30 pm Lap Swim (8 lanes) Open Swim (shallow end only)
	Lap Swim (7 lanes)	2:00 – 4:00 pm Lap Swim (7 lanes) Open Swim (1 lane)	2:00 - 4:00 pm Lap Swim (7lanes) Open Swim (1 lane)	2:00 – 5:30 pm Lap swim (7 lanes) Open Swim (1 lane)	lane) Open Swim shallow	12:30 – 1:00 pm Lap Swim (5 lanes) \$ pre swim team (3 lanes) Open Swim shallow end only
(\$) Swim Team (4 lanes) Lap Swim (3 lanes)	(\$) Swim Team (4 lanes) Lap (3 lanes)	4:00 – 6:00 pm (\$) Swim Team (4 lanes) Lap Swim (3 lanes) Open Swim (1 lane)	4:00 – 6:00 pm (\$) Swim Team (4 lanes) Lap Swim (3 lanes) Open Swim (1 lane)	5:30 – 6:00 pm POOL CLOSED	1:00 – 5:30 pm Lap Swim (6 lanes) Open Swim (2 lanes)	1:00 – 5:30 pm Lap Swim (6 lanes) Open Swim (2 lanes)
Open Swim	Lap Swim (8 lanes) Open Swim (shallow	6:00 – 8:30 pm Lap Swim (8 lanes) Open Swim (shallow end only)	6:00 – 8:30 pm Lap Swim (8 lanes) Open Swim (shallow end only)		•	5:30 – 6:00 pm POOL CLOSED
8:30 – 9:00 pm POOL CLOSED		8:30 – 9:00 pm POOL CLOSED	8:30 – 9:00 pm POOL CLOSED			
					Special Hours Friday, April 12 5:00 – 10:00 am Outdoor & Indoor Pools closed for repairs	

## **Important Information**

- Lap Swim Ages 13 and up only. Must be able to swim continuous laps.
- Open Swim Play, swim, and relax with family and friends. All children under the age of 7 MUST be accompanied by an adult
  on site at the pool. All children regardless of age, that would require a coast guard approved flotation device, must also have a
  parent in the water at all times. All children regardless of age not fully potty trained MUST wear a nylon swim diaper under their
  swimsuit
- Swim Team (\$) Swim team is for youths ages 5–17 who want to prepare and participate in competition. Bronze, Silver and Gold level teams are offered depending on ability and experience. For registration, please contact Aquatics Registration Desk at aquatics@pjcc.org.
- (\$): Indicates a fee-based class. Registration required. Schedule subject to change due to special events.

## Schedule subject to change.

For more information, contact the Aquatics Office at 650.378.2782 or aquatics@pjcc.org