



Indoor Pool Schedule | January 2025

Outdoor Pool schedule on the reverse side

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 – 8:55 am Lap Swim (4 lanes) Open Swim (shallow end only)	5:00 – 7:55 am Lap Swim (4 lanes) Open Swim (shallow end only)	5:00 – 8:55 am Lap Swim (4 lanes) Open swim (shallow end only)	5:00 – 7:55 am Lap Swim (4 lanes) Open Swim (shallow end only)	5:00 – 8:55 am Lap Swim (4 lanes) Open Swim (shallow end only)	7:00 – 8:15 am Lap Swim (4 lanes) Open Swim (shallow end only)	7:00 – 9:30 am Lap Swim (4 lanes) Open Swim (shallow end only)
9:00 am – 9:55 am Aqua Fitness Only NO OPEN SWIM NO LAP SWIM	8:00 – 9:55 am Aqua Fitness Only NO OPEN SWIM NO LAP SWIM	9:00 am – 9:55 pm Aqua Fitness Only NO OPEN SWIM NO LAP SWIM	8:00 – 9:55 am Aqua Fitness Only NO OPEN SWIM NO LAP SWIM	9:00 – 9:55 am Aqua Fitness Only NO OPEN SWIM NO LAP SWIM	8:25 – 9:20 am Aqua Fitness Only NO OPEN SWIM NO LAP SWIM	9:30 am – 1:00 pm Group Lessons No Lap Swim OPEN SWIM
10:00 – 3:30 pm Lap swim (2 lanes) Open swim	10:00 – 3:30 pm Lap Swim (2 lanes) Open Swim	10:00 – 3:30 pm Lap swim (2 lanes) Open swim	10:00 – 3:30 pm Lap Swim (2 lanes) Open Swim	10:00 – 4:00 pm Lap Swim (2 lanes) Open Swim	9:30 am – 1:00 pm Group Lessons No Lap Swim OPEN SWIM	1:00 – 5:30 pm Lap Swim (2 lanes) OPEN SWIM Private swim lessons
3:30 – 6:30 pm Group Lessons Lap Swim (1 lane) Open Swim	3:30 – 7:45 pm Group Lessons Lap Swim (1 lane) Open Swim	3:30 – 6:30 pm Group Lessons Lap Swim (1 lane) OPEN SWIM	3:30 – 7:45 pm Group Lessons Lap Swim (1 lane) Open Swim	4:00 – 6:30 pm Lap swim (2 lane) Private Lesson (1 lane) Open Swim	1:00 – 5:30 pm Lap swim (2 lane) Private Lessons (1 lane) Open Swim	5:30 – 6:00 pm POOL CLOSED
6:30 – 7:30 pm Aqua Fitness Only NO OPEN SWIM NO LAP SWIM	7:45 – 8:30 pm Lap Swim (2 lanes) Open Swim	6:30 – 7:30 pm Aqua Fitness Only NO OPEN SWIM NO LAP SWIM	7:45 – 8:30 pm Lap Swim (2 lanes) Open Swim	6:30 – 7:00 pm POOL CLOSED	5:30 – 6:00 pm POOL CLOSED	
7:30 – 8:30 pm Lap Swim (2 lanes) Open Swim	8:30 – 9:00 pm POOL CLOSED	7:30 – 8:30 pm Lap Swim (2 lanes) Open Swim	8:30 – 9:00 pm POOL CLOSED		Special Hours Wednesday, January 1 st 8:00am – 12:30pm	
8:30 – 9:00 pm POOL CLOSED		8:30 – 9:00 pm POOL CLOSED				

*OPEN SWIM is limited to a small section during this time due to scheduled programs that use various areas of the pool.

For more information, contact the Aquatics Registration Desk at 650.378.2782 or aquatics@pjcc.org. Schedule subject to change.

Important Information

- **Lap Swim:** Must be 13 years old or older. Must be able to swim continuous laps.
- **Open Swim:** Play, swim, and relax with family and friends. All children under the age of 7 **must be accompanied by an adult** on site at the pool. All children regardless of age, who require a coast guard-approved flotation device must have a parent in the water with them at all times. All children regardless of age, not fully potty trained **must** wear a nylon swim diaper under their swimsuit. Please review the pool rules before swimming.
- **Water Walking:** This is a low impact exercise in which the participant walks in the water. This is a self-driven exercise time.

Schedule subject to change.

For more information, contact the Aquatics Office
at 650.378.2782 or aquatics@pjcc.org.