

September 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	Program Key
		1 10:30 am Balance & Stretch	2 1:00 pm Social Spark 7:00 pm Rock Music Players	3 8:00 am Tai Chi 12:45 pm Drop-in Mahjong 1:30 pm Mindful Movement	4 9:00 am Watercolors	5	Fitness & Wellness Brain Health Social Engagement Volunteerism \$ Fee-based Program ◆ CHL Pass/Membership
6 3:00 pm Israeli Dance	7 8:10 am Tai Chi 3:30 pm Let's Talk About It	8 10:30 am Balance & Stretch 1:30 pm Bone Builders 2:00 pm Food for Thought	9 7:00 pm Rock Music Players	10 8:00 am Tai Chi 12:45 pm Drop-in Mahjong 1:30 pm Bone Builders 1:30 pm Mindful Movement	11 1:30 pm Drop-in Bunco	12 Holiday Closure Rosh Hoshanah	New PJCC Programs \$ Bone Builders Sept 8 - Oct 1 \$ Strong Mind, Strong Body Sept 14 - Oct 12 Bridge: Play of the Hand Sept 18-Nov 20 Prepare Sack Lunches for Samaritan House Sept 20 Write "Get Out the Vote" Postcards Sept 25
13 Holiday Closure Rosh Hoshanah	14 8:10 am Tai Chi 11:00 am Strong Mind/Body 1:00 pm Caregiver Support Group 1:15 pm Wellbeing Walk 3:30 pm Let's Talk About It	15 10:30 am Balance & Stretch 10:30 am Mahjong Class 1:00 pm Mahjong Class 1:30 pm Bone Builders	16 1:00 pm Social Spark 7:00 pm Rock Music Players	17 8:00 am Tai Chi 10:30 am Mahjong Class 11:00 am Strong Mind/Body 12:45 pm Drop-in Mahjong 1:30 pm Bone Builders 1:30 pm Mindful Movement	18 9:00 am Watercolors 11:00 am Bingo Mixer 2:30 pm Bridge Class	19	Partnership Highlights SF Campus for Jewish Living Sept 22: Adding Life to Years AnewVista Sept 28: Reliable News Sources Alzheimer's Association Sept 28: Brain Health
20 9:30 am Watercolors 10:30 am Prepare Sack Lunches for Samaritan House	21 Holiday Closure Yom Kippur	22 10:30 am Balance & Stretch 10:30 am Mahjong Class 1:00 pm Mahjong Class 1:00 pm Add Life to Years 1:30 pm Bone Builders	23 7:00 pm Rock Music Players	24 8:00 am Tai Chi 10:30 am Mahjong Class 11:00 am Strong Mind/Body 12:45 pm Drop-in Mahjong 1:30 pm Bone Builders 1:30 pm Mindful Movement	25 9:00 am Watercolors 10:00 am Write "Get Out the Vote" Postcards 1:30 pm Drop-in Bunco 2:30 pm Bridge Class	26	
27 9:30 am Watercolors 2:00 pm Dot Mandala 3:00 pm Israeli Dance 5:00 pm Outdoor Concert	28 8:10 am Tai Chi 10:30 am Tech Talk/Office Hours 11:00 am Strong Mind/Body 1:00 pm Build Brain Healthy Habits 3:30 pm Let's Talk About It	29 10:30 am Balance & Stretch 10:30 am Mahjong Class 1:00 pm Mahjong Class 1:30 pm Bone Builders	30 7:00 pm Rock Music Players				

October 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	Program Key
				8:00 am Tai Chi 10:30 am Mahjong Class 11:00 am Strong Mind/Body 12:45 pm Drop-in Mahjong 1:30 pm Bone Builders 1:30 pm Mindful Movement	9:00 am Watercolors 2:30 pm Bridge Class	Holiday Closure <i>Shemini Atzeret / Simchat Torah</i>	Fitness & Wellness Brain Health Social Engagement Volunteerism Fee-based Program CHL Pass/Membership
9:30 am Watercolors	8:10 am Tai Chi 11:00 am Strong Mind/Body 1:00 pm Crafting Circle 1:15 pm Wellbeing Walk 3:30 pm Let's Talk About It	10:30 am Balance & Stretch 10:30 am Mahjong Class 1:00 pm Foundations of Longevity 1:00 pm Mahjong Class	1:00 pm Social Spark 10:00 am American Mahjong 11:00 am Write "Get Out the Vote" Postcards 7:00 pm Rock Music Players	8:00 am Tai Chi 10:30 am Mahjong Class 11:00 am Strong Mind/Body 12:45 pm Drop-in Mahjong 1:30 pm Mindful Movement	9:00 am Watercolors 1:30 pm Drop-in Bunco 2:30 pm Bridge Class		New PJCC Programs Bridge: Play of the Hand Sept 18-Nov 20 Crafting Circle Oct 5 Write "Get Out the Vote" Postcards Oct 7 American Mahjong for Beginners Oct 7-28 Dot Mandala Oct 18 French Conversation Meetup Oct 23-Dec 18
	8:10 am Tai Chi 11:00 am Strong Mind/Body 1:00 pm Caregiver Support Group 3:30 pm Let's Talk About It	10:30 am Balance & Stretch 10:30 am Mahjong Class 1:00 pm Foundations of Longevity 1:00 pm Mahjong Class	Day Trip North by Northwest 10:00 am American Mahjong 7:00 pm Rock Music Players	8:00 am Tai Chi 10:30 am Mahjong Class 12:45 pm Drop-in Mahjong 1:30 pm Mindful Movement	2:30 pm Bridge Class	8:00 pm UpClose Concert	
2:00 pm Dot Mandala 3:00 pm Israeli Dance	8:10 am Tai Chi 3:30 pm Let's Talk About It	10:30 am Balance & Stretch 10:30 am Mahjong Class 1:00 pm Foundations of Longevity 1:00 pm Mahjong Class	10:00 am American Mahjong 11:00 am Brain Health/ Neuroscience of Memory 1:00 pm Social Spark 7:00 pm Rock Music Players	8:00 am Tai Chi 10:30 am Mahjong Class 11:00 am Bingo Mixer 12:45 pm Drop-in Mahjong 1:30 pm Mindful Movement	10:00 am French Convo Meetup 1:00 pm FCV Learning Hour 1:30 pm Drop-in Bunco 2:30 pm Bridge Class		Partnership Highlights Foundations of Longevity Oct 6-27 Dabble Health Oct 21: Neuroscience of Memory Foster City Village Oct 23: Learning Hour AnewVista Oct 26: Passwords
	8:10 am Tai Chi 10:30 am Tech Talk/Office Hours 1:00 pm Caregiver Support Group 3:30 pm Let's Talk About It	10:30 am Balance & Stretch 1:00 pm Foundations of Longevity	10:00 am American Mahjong 7:00 pm Rock Music Players	8:00 am Tai Chi 12:45 pm Drop-in Mahjong 1:30 pm Mindful Movement	10:00 am French Convo Meetup 2:30 pm Bridge Class		