

October 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	Program Key
				8:00 am Tai Chi 10:30 am Mahjong Class 11:00 am Strong Mind/Body 12:45 pm Drop-in Mahjong 1:30 pm Bone Builders 1:30 pm Mindful Movement	9:00 am Watercolors 2:30 pm Bridge Play	Holiday Closure <i>Shemini Atzeret / Simchat Torah</i>	Fitness & Wellness Brain Health Social Engagement Volunteerism Fee-based Program CHL Pass/Membership
9:30 am Watercolors	8:10 am Tai Chi 11:00 am Strong Mind/Body 1:00 pm Crafting Circle 1:15 pm Wellbeing Walk 3:30 pm Let's Talk About It	10:30 am Balance & Stretch 10:30 am Mahjong Class 1:00 pm Foundations of Longevity 1:00 pm Mahjong Class	10:00 am American Mahjong 11:00 am Write "Get Out the Vote" Postcards 1:00 pm Social Spark 7:00 pm Rock Music Players	8:00 am Tai Chi 10:30 am Mahjong Class 11:00 am Strong Mind/Body 12:45 pm Drop-in Mahjong 1:30 pm Mindful Movement	9:00 am Watercolors 1:30 pm Drop-in Bunco 2:30 pm Bridge Play		New PJCC Programs Bridge: Play of the Hand Sept 18-Nov 20 Crafting Circle Oct 5 American Mahjong for Beginners Oct 7-28 Write "Get Out the Vote" Postcards Oct 7 Dot Mandala Oct 18 French Conversation Meetup Oct 23-Dec 18
9:30 am Watercolors 3:00 pm Israeli Dance	8:10 am Tai Chi 11:00 am Strong Mind/Body 1:00 pm Caregiver Support Group 3:30 pm Let's Talk About It	10:30 am Balance & Stretch 10:30 am Mahjong Class 1:00 pm Foundations of Longevity 1:00 pm Mahjong Class	Day Trip North by Northwest 10:00 am American Mahjong 7:00 pm Rock Music Players	8:00 am Tai Chi 10:30 am Mahjong Class 12:45 pm Drop-in Mahjong 1:30 pm Mindful Movement	1:00 pm FCV Learning Hour 2:30 pm Bridge Play	8:00 pm UpClose Concert	
2:00 pm Dot Mandala	8:10 am Tai Chi 3:30 pm Let's Talk About It	10:30 am Balance & Stretch 10:30 am Mahjong Class 1:00 pm Foundations of Longevity 1:00 pm Mahjong Class	10:00 am American Mahjong 11:00 am Brain Health/ Neuroscience of Memory 1:00 pm Social Spark 7:00 pm Rock Music Players	8:00 am Tai Chi 10:30 am Mahjong Class 11:00 am Bingo Mixer 12:45 pm Drop-in Mahjong 1:30 pm Mindful Movement 3:30pm P2P: Caregiving/Burnout	10:00 am French Convo Meetup 11:00 am Life/Art of Sofia Davidson 1:30 pm Drop-in Bunco 2:30 pm Bridge Play		Partnership Highlights Foundations of Longevity Oct 6-27 Foster City Village Oct 16: Learning Hour Dabble Health Oct 21: Neuroscience of Memory AnewVista Oct 26: Passwords
	8:10 am Tai Chi 10:30 am Tech Talk/Office Hours 1:00 pm Caregiver Support Group 3:30 pm Let's Talk About It	10:30 am Balance & Stretch 1:00 pm Foundations of Longevity	10:00 am American Mahjong 10:00 am Synagogues Past & Present 7:00 pm Rock Music Players	8:00 am Tai Chi 12:45 pm Drop-in Mahjong 1:30 pm Mindful Movement	9:00 am Watercolors 10:00 am French Convo Meetup 2:30 pm Bridge Play		

November 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	Program Key
1 \$ 9:30 am Watercolors \$ 2:00 pm DIWise: Pickling \$ 3:00 pm Israeli Dance	2 ♦ 8:10 am Tai Chi \$ 10:30 am Book Club \$ 1:00 pm Crafting Circle \$ 1:15 pm Wellbeing Walk \$ 3:30 pm Let's Talk About It	3 ♦ 10:30 am Balance & Stretch	4 \$ 11:00 am Brain Health/ Attention, Focus & Distracted Brain \$ 1:00 pm Social Spark \$ 7:00 pm Rock Music Players	5 ♦ 8:00 am Tai Chi \$ 10:30 am Mahjong Class \$ 11:00 am Bingo Mixer \$ 12:45 pm Drop-in Mahjong ♦ 1:30 pm Mindful Movement	6 \$ 9:00 am Watercolors \$ 10:00 am French Convo Meetup \$ 2:30 pm Bridge Play		Program Key Fitness & Wellness Brain Health Social Engagement Volunteerism \$ Fee-based Program ♦ CHL Pass/Membership
8 \$ 9:30 am Watercolors	9 ♦ 8:10 am Tai Chi \$ 1:00 pm Caregiver Support Group \$ 3:30 pm Let's Talk About It	10 ♦ 10:30 am Balance & Stretch \$ 10:30 am Mahjong Class \$ 1:00 pm Mahjong Class \$ 2:00 pm Food For Thought	11 Holiday Veteran's Day \$ 7:00 pm Rock Music Players	12 ♦ 8:00 am Tai Chi \$ 10:30 am Mahjong Class \$ 12:45 pm Drop-in Mahjong ♦ 1:30 pm Mindful Movement	13 \$ 9:00 am Watercolors \$ 10:00 am French Convo Meetup \$ 1:30 pm Drop-in Bunco \$ 2:30 pm Bridge Play	14 \$ 8:00 pm UpClose Concert	New PJCC Programs \$ Bridge: Play of the Hand Sept 18-Nov 20 \$ Crafting Circle Nov 2 \$ Dot Mandala Nov 15 \$ French Conversation Meetup Oct 23-Dec 18
15 \$ 9:30 am Watercolors \$ 2:00 pm Dot Mandala \$ 3:00 pm Israeli Dance	16 ♦ 8:10 am Tai Chi \$ 9:00 am Blood Drive \$ 3:30 pm Let's Talk About It	17 ♦ 10:30 am Balance & Stretch \$ 10:30 am Mahjong Class \$ 1:00 pm Mahjong Class	18 \$ 1:00 pm Social Spark \$ 7:00 pm Rock Music Players	19 ♦ 8:00 am Tai Chi \$ 10:30 am Mahjong Class \$ 12:45 pm Drop-in Mahjong ♦ 1:30 pm Mindful Movement \$ 3:30 pm Senior Scams	20 \$ 9:00 am Watercolors \$ 10:00 am French Convo Meetup \$ 1:00 pm FCV Learning Hour \$ 2:30 pm Bridge Play	21	
22 \$ 9:30 am Watercolors	23 ♦ 8:10 am Tai Chi \$ 10:30 am Tech Talk/Office Hours \$ 1:00 pm Caregiver Support Group \$ 3:30 pm Let's Talk About It	24 ♦ 10:30 am Balance & Stretch \$ 10:30 am Mahjong Class \$ 1:00 pm Mahjong Class	25 \$ 7:00 pm Rock Music Players	26 Holiday Thanksgiving	27 Holiday Day after Thanksgiving \$ 1:30 pm Drop-in Bunco	28	Partnership Highlights \$ UC Master Food Preservers Nov 1: DIWise: Pickling \$ Dabble Health Nov 4: Attention, Focus and the Distracted Brain \$ AgeUp & Foster City Village Nov XX: Making Friends \$ Age Up Nov 13: SongShine \$ Foster City Village Nov 20: Learning Hour \$ AnewVista Nov 23: TBD
29	30 ♦ 8:10 am Tai Chi \$ 1:00 pm P2P: Power of Dreams \$ 3:30 pm Let's Talk About It						